

WE'RE DOING WHAT WE CAN TO HELP IN THESE **TOUGH TIMES.**

SIMPLY SWIPE YOUR SPAR REWARDS CARD AND YOU COULD BE GOING HOME WITH A FREE 2.5KG BAG OF SPAR SUPER MAIZE MEAL.

> SIGN UP TODAY, IT'S FREE AND INSTANT.

SPAR



SPAR IQF Mixed Chicken **Portions** 2 kg



Cola

2 LITRE

Extended Shelf Life Full Cream or Low Fat Fresh Milk Only 2 litre EXTRA SHELF LIFE FULL CREAM EXTRA SHELF LIFE R2599 FRESH MILK LOW FAT

Original, Creamy or Tangy Mayonnaise or Slim Oil Reduced Dressing 780 g /750 g/ 730 g or Squeeze Bottle (500 g)

)off



SPAR

Butcher's Best Red or Smoked Viennas (Excl. Chilli, Cheese & Chicken Viennas) 500 g

Bokomo Weet-Bix 450 g Get an extra



*Maximum of 10 e-Coupons per customer, for each SPAR Rewards product/multi-buy/combo featured.

SPAR

2 litre

BUY ANY 2 FOR

Flavoured Carbonated

Soft Drink